



NSC Rides the San Francisco Bay Trail to Point Richmond



Join Nisei Ski Club on this easy paced, mostly flat ride along the San Francisco Bay trail to Pt. Richmond (http://www.baytrail.org/Maps/East_Bay.pdf). Meet at Emeryville City Marina at 9:30 am, rolling out at 10:00 am. We'll ride along the San Francisco Bay trail, winding our way to Point Richmond. Enjoy the view of the bay and its natural surroundings. **32 mile round trip. Lunch and beverages will be provided by Taste Soo Good Catering.**

Meet: Emeryville City Marina, East Bay
Free parking on left just past Emeryville Sportfishing
When: Sunday, September 26, 2010
Time: 9:30 AM, rolling out at 10:00 AM
Cost: \$ 9.00 for Members (NSC/ASBCLA)
\$13.00 for Non-Members/Guests



SIGN-UP DEADLINE: September 20, 2010

What to bring: All riders **MUST** wear a helmet and should carry a pump. Bikes should be in good condition. You should bring a water bottle, spare inner tube, patch kit, sunscreen, and snacks to share (optional). Due to unpredictable weather, a light jacket is suggested for cool weather conditions.



Directions and Information: We will send information in a separate email.

Help needed: Group leaders and flat-fixers needed in case we split up into multiple groups. **No SAG Support but we will be equipped for flats and minor repairs.**

RSVP Contacts: Karen Soo 510-693-8150 bike10@niseiskiclub.org

Curtis Otaguro 408-393-2701

**Please make check payable to Nisei Ski Club and mail to Karen Soo, 1372 Pearl Street Apt C.
Alameda, CA 94501. Confirmation will be sent by email or by phone.**

Nisei Ski Club Emeryville / Pt Richmond Ride Registration Form (Sign up Deadline is September 20, 2010)

RAIN CANCELS EVENT /NO REFUNDS

NAME _____ Circle one: Member / Non Member Cost: _____
 ADDRESS _____
 CITY _____ STATE _____ ZIP _____
 PHONE # _____ EMAIL _____
 MEDICAL INSURANCE CO _____ POLICY _____
 EMERGENCY CONTACT _____ EMERGENCY CONTACT PHONE _____
 VEGETARIAN MEAL – YES / NO

WAIVER AND RELEASE OF LIABILITY - READ BEFORE SIGNING

In consideration of being allowed to participate in any way in the NISEI SKI CLUB programs, related events and activities, I _____, the Undersigned, acknowledge, appreciate, and agree that:

1. The risk of injury from the many of the activities is significant, including the potential for permanent paralysis and death, and while particular skills, rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS NISEI SKI CLUB, their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, OR LOSS OR DAMAGE TO PERSON OR PROPERTY, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X _____ DATE SIGNED: _____

(Participant's Signature) Notice: Photographs of this event including participants may appear on the NSC website or in the newsletter.

Participant must be at least 21 years old.